



**August
2014**

Rick's Ramblin's

**Volume 21
Issue 8**

I hope that the summer finds everyone well and enjoying the good times that this season brings. I know that a lot of you are out there enjoying the weather and spending time with your horses in all kinds of fun ways. I feel very grateful that we have our club. For me personally, it's a wonderful way

to spend time with good friends with like-minded interests. The Center for Cowboy Ethics and Leadership promotes the following ten principles to live by. I believe these are good guidelines for both individuals and nonprofit organizations like ours.

1. *Live each day with courage*
2. *Take pride in your work*
3. *Always finish what you start*
4. *Do what has to be done*
5. *Be tough, but fair*
6. *When you make a promise, keep it*
7. *Ride for the brand*
8. *Talk less and say more*
9. *Remember that some things aren't for sale*
10. *Know where to draw the line.*

I also stumbled upon this quote that I think is worth sharing:

"With a little creativity and commitment to do to make a difference, however modest When way, it sets up a completely different dynamic: we give yields a rich dividend in terms of the get back." - Anonymous



something, each of us can find some way we get involved in a personal, hands-on one in which whatever time and energy satisfaction and expanded awareness we



Garlic for Horses – A Natural Repellent?

By Stephanie Krahl- contributed by Terry Roberts, Trail Boss

In my article [Fly Control For Horses, A Non-Toxic Program](#), I discussed the importance of using methods that reduce, if not eliminate, the number of toxic chemicals used when controlling flies.

After receiving a comment from a reader inquiring about using garlic for assisting in fly control, I realized the article is not complete without talking about garlic.

I thought it would be beneficial to everyone if I answered some of her questions in this article. I also wanted to provide a little more direction when it comes to using garlic, especially for helping to control both internal and **external pests**.

For more information on parasite control see [Parasite Resistance In Horses And Chemical Deworming](#).

If you Google “*horses and garlic*” you’ll get a significant amount of information on the subject, so I’m going to stick to what my own personal beliefs and experiences have been when it comes to using this wonderful herb.

A General Overview of Garlic

Garlic is the best known and most widely used herb in the horse world and for good reason. It’s one of those substances that Mother Nature provides that can assist us in many situations.

It’s **rich in natural sulfur**, and can sometimes help in reducing internal parasites. It helps to cleanse the blood and, when excreted, will help with repelling external pests, such as biting flies or ticks.

Garlic is a **natural antibiotic**. It’s especially ideal for most any respiratory problem, which I personally experienced with one of my horses many years ago. Since it is both an antibiotic and it assists in soothing a cough, it can help with mucus in the lungs and any infection that is present.

Another attribute of garlic is its ability to **improve digestion** by supporting the development of natural bacterial flora. This is key to a good digestive system, which in-turn is important to a strong immune system.

If you would like to help protect yourself and your animals from infection, this is one of the best herbs to turn to.



Reference: <http://www.soulfulequine.com/fly-control-for-horses-organic-program/>

Fly Control for Horses, A Non-Toxic Program by Stephanie Krahl





ETI Kicks Off Summer Season with Spirited Playday

As a kid, I can remember the sheer joy that the first day

of summer brought to my very soul. The first day of summer- so much to look forward to! The possibilities were still endless! This year, in the year of 2014, the same excitement I felt as a grade-schooler got me up and out of bed and to the O'Neill Park Arena by 8:00 a.m. to begin setting up and warming up for some good old fashioned fun with my horse Lacey. And others soon arrived; thirteen competitors of all ages to test their riding skills for the second Playday of the year.

Five challenging events were assembled by first year co-event coordinators Tracey Tuttle and Evelyn Ortega. Two events were new- the Double Barrel Flag Race and Mad Mouse had horse and riders learning new disciplines in front of an appreciative crowd. The contestants were broken into 2 divisions; 15 and under in the junior division and 16 and over in the adult division.

Leading the way in the Junior Division was Amanda Tuttle on Oso, who captured 4 blue ribbons out of 5 events. And her sister Carrie, captured first place in the 5th event making the podium for blues "Totally Tuttle". Also putting in a strong effort with 3 second place finishes was Noelle Childs. Jewel Sinkinson was consistently in the top 3, while Sierra

By James M. Iacono

Roberts along with Ashley Wigh showed that our Canyon is deep with future cowgirl competitors.

The Adult Division was highly competitive with 4 different seniors capturing blues in the five events. Jimmy I., Leslie Groenewold, Evelyn Ortega, and Jim Schicht all took their turn on the podium for first place honors. Also putting in strong consistent efforts were Amber Sinkinson, and Nicole Murray.

It was a beautiful day in our beautiful canyon as we kept up a beautiful tradition of bringing out horses and riders to engage in fun that will groom the young ones for future equine glory. For the seniors, it's a way to rekindle that dream we all had of someday having a horse and playing with him/her on a day like the first day of summer! Life is good my friends.

Thanks to all the volunteers that help make this day of dreams develop into a snapshot of reality. It couldn't happen without the selfless efforts of our Board Members and friends who just enjoy bringing the Community together a few times a year for friendly competition and of course a great barbecue. Let's keep those horses sharp for our 6th annual Buckle Playday which will be held on Saturday October 11th. Y'all come back now, hear!



Your Complete Equine Supply Center

Horse feed, horse tack, equestrian supplies, livestock feed, rider apparel and a great selection of chicken scratch & feed

Canyon Feed & Tack has everything you need to keep you and your horse well groomed and maintain your horse's health.

We deliver all our hay for FREE and we also carry horse feed such as Integrity, Triple Crown and Ace Hi. We stock many vet supplies and supplements. Our grooming supplies include shampoo, hoof conditioners, ointments and fly spray.

Canyon Feed & Tack will help keep you and your

DISCOUNTS

WE APPRECIATE OUR PROFESSIONAL CUSTOMERS!

Discounts will be offered to:

- Trainers
- 4H
- FFA
- Farriers
- Veterinarians
- Horse Rescue Groups
- *ETI Saddleback Canyon Riders discount too*



Promotional Service Cash & Carry Sale on Sundays only

Purchase a minimum of 20 Bales any combination and take with you same day for a \$3/per bale discount!

30555 Trabuco Canyon Road Suite 100
Trabuco Canyon, Ca 92678 (949) 766-2825

horse & stable in top shape with a plentiful inventory of all your equine needs. You will love our clean facilities, friendly customer service and speedy delivery!

SERVICES:

Serving all of Orange County including Trabuco Canyon 92679, Orange Park Acres 92869, Orange 92866 92867 92868, San Juan Capistrano 92675, Ladera Ranch, Coto de Caza, Siverado Canyon 92676, Villa Park 92861, Irvine 92603, 92614, Costa Mesa 92626, Rancho Santa Margarita 92688, Mission Viejo 92691 92692, Anaheim Hills 92807, Yorba Linda 92886 92887, North Tustin 92705, Fullerton 92883, Placentia 92821, Laguna Niguel 92653, Laguna Hills Laguna Woods, Lake Forest 92630, Foothill Ranch.

Fourth of July the ETI way- by Tracy Tuttle



As predicted, this years' Fourth of July theme "Year of the Horse, Canyon Style" was quite a stretch for most of those who attended. However, everyone seemed delighted to channel their inner hillbilly without hesitation and pulled off a rip roaring display of the real

life of a canyonite. We had 6 riders and 13 rednecks in the ground crew and squeaked through with an amazing 2nd place win! Great job everyone! Thank you to all who attended.





TREASURER'S OFFICE...

ETI - CORRAL 357

FINANCIAL REPORT FOR PERIOD ENDING June 30, 2014

ETI - CORRAL 357

**FINANCIAL REPORT FOR PERIOD ENDING
JUNE 30, 2014**

DEPOSITS:

Deposits Made After JUNE Closing: \$ 0.00

Sub-Total for beginning Balance + Deposits \$ 10,147.51

EXPENSES:

CK#	Source	Reason	Amount
1642	Seroski	board dinner	\$30.00
1643	women's Club	Parade donation	\$100.00
1644	J IACONO	fire flag	\$196.71
1645	ETI	membership	\$108.00
1646	R Gomez	Fire Plan	\$134.14
1647	J Iacono	Bd dinner	\$ 30.00
1648	J Iacono	Fire signs	\$162.15 (trophy, newsletter)
1649	T Tuttle	Playday	\$181.01
1650	ETI	membership	\$108.00

Total expenses paid in JUNE, 2014 (\$615.06)

UNPAID CHECKS ISSUED IN THIS PERIOD

CK#	Source	Reason	Amount	Ck#	Source	Reason	Amount
1641	T Tuttle	Morey Clinic	\$86.00				

Total Outstanding Checks June 2014 - i.e. Spending: \$86.00

Funds on hand in checking as of 06-30-14 \$10,147.51

Petty Cash on Hand as of 06-30-14 \$ 400.00

Corral FUNDS On Hand at 06-30-2014: \$10,547.51

SUBTOTAL CORRAL FUNDS: \$10,147.51

Less Reserves:

1.-ERT as of 06-30-2014 (\$ 476.73)

Total Corral Funds Committed To Reserve: \$(476.73)



Planning the Pancake Breakfast

By Kristen Holden

Well it's that time of year again...The Great Rancho Santa Margarita Campout and our biggest fundraiser of the year...the pancake breakfast scheduled for Saturday, August 2nd.

This will be my first time "officially" being in charge of setup and I can tell you I have some very big shoes to fill. The number of things that need to be considered from insurance to tables to food to scheduling volunteers is daunting. Debbie Kelly has handled this job beautifully for the last several years and has passed the torch to me.



Even though I am in charge of setup, none of this would be possible without the members help and support. It always surprises

me that we have some of the best members that a club could have. I know that without Bob Wilks I really don't think we could make this work. He graciously allows us to use his refrigerators and freezer to store a good part of the food. And

that's not all, he shows up Saturday morning before dawn to be our master pancake chef, creating over 500 pancakes for hungry campers. And we can't forget Patti and Spike for taking the time to wrap plastic forks and knives into napkins followed by mixing pancake batter and serving hungry kids in pajamas Saturday morning. The breakfast could not happen without the Balthasers and the Iaconos either. They step in to help with every aspect of the breakfast, from setting up on Friday evening to showing up while it is still dark to make sausages, pancakes and anything else that needs to be done. And while I wish I could mention everyone individually for his or her contribution, I salute you for taking your own time to come out. You are critical in the success of this fundraiser. Thank you!

I am looking forward to making this event successful and hope that some of our newer members will come out Saturday morning to help. To see the appreciation on the children's faces as they get a plate of Mickey Mouse pancakes...and their parents as they get that morning cup of coffee is all worth it.



2014 Board of Directors:

PRESIDENT: Rick Balthaser
(949) 709-2359 rbalthaser@aol.com

VICE PRESIDENT: Jim Iacono
(949) 459-7742
jiacono@fontissolutions.com

SECRETARY: Patti Gomez
(949) 888-1604
pattiangomez@aol.com

TREASURER: Vicki Iacono
(949) 459-7742 zoegal@hughes.net

MEMBERSHIP: Kristen Holden
(949) 444-1990
kristen3091@gmail.com

TRAIL BOSS: Terry Roberts
(949) 620-4740
Terrymxtrm@gmail.com

MEMBER-AT- LARGE
COMMUNICATIONS: Dave Seroski
(949) 533-7153 dseroski@cox.net

SCRIBE: Debbie Kelly
(949) 244-0670
(949) 713-6133
debbiekelly57@yahoo.com

ERT: Rich Gomez (949) 888-1604
rtgomez@aol.com

SERGEANT-AT- ARMS: Jim Schicht
949-677-5200

Events Director: Evelyn Ortega
949-858-0903 jinjo27@dishmail.net

Events Co-Director: Tracy Tuttle
949-444-1974
lettherebcake@cox.net

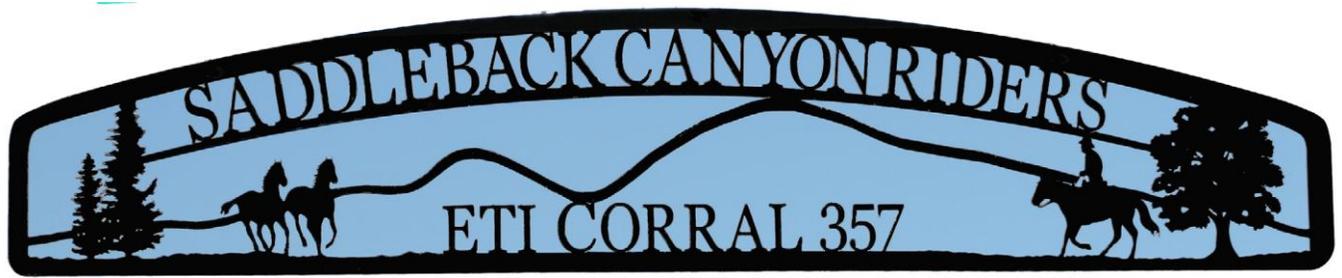
Social Media: Robby Stuckey
(949) 788-1750
robb@awekeninteractive.com

Did you know...

Our club, ETI/357 Saddleback Canyon Riders donates hundreds of collective hours each year to maintain and patrol the trails in O'Neill Park? Additionally, we maintain the equestrian arena on regular intervals and for events. This is a formal commitment the club has and there are only two members in the club who actually "drag" the arena. A big thanks to our Person at Large Dave Seroski and to Jeff Kelly for all their efforts in keeping the community arena dragged and groomed. This does not go unnoticed by park staff.



For the month of June the club logged approximately seventy two hours of volunteer time in the park which includes riding, hiking, bike riding, and trail maintenance. I would estimate it is many more hours than that as sometimes we forget to log our time. Don't forget to do that. Who knows, you may be next to have your name engraved on the coveted POP award at the end of this year!



What is ETI?

Equestrian Trails, Incorporated is a family oriented riding club established as a nonprofit corporation in 1944 with the Charter to be "Dedicated to the Acquisition and Preservation of Trails, Good Horsemanship, and Equine Legislation",

With its combined membership, ETI has successfully worked to keep our trails open and add more equestrian facilities. The more members we have backing equine legislation and trail preservation, the more likely the state, county, and city officials will be to comply with our needs.

Who are the Saddleback Canyon Riders?

The Saddleback Canyon Riders are ETI Corral 357. We were established in 1991 and currently boast sixty plus members from Orange County and points beyond. We are a family-friendly equestrian group based in Trabuco Canyon at the foot of the majestic Saddleback Mountains. Our corral is committed to supporting and helping maintain O'Neill Regional Park and other local riding trails.

ETI Corral 357
PO Box 1026
Trabuco Canyon, CA 92678